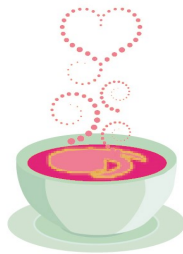


Mission:

To provide a nutritious daily meal to the hungry of the area, as well as to provide a safe and sheltered place for social gathering.



The Benton Harbor
Soup Kitchen

Learn about
the Benton Harbor
Soup Kitchen.
Read all the newsletters.
Donate any time.
www.soupk.org

A NON-PROFIT ORGANIZATION • 269-925-8204 • Winter 2021 EDITION



*Cold weather + warm burrito
= a very good day!*

The Soup Kitchen is entering into its 42nd year because of you, our volunteers and donors. Thank you.



EVENTS ARE BACK!



Euchre Tournament 2022

Sunday, February 6, 2022

At the Livery Brewery

190 5th Street, Benton Harbor

Doors open: 12:00pm, play starts 1:00pm

\$40.00 per person

Includes tournament and Livery pizza!

Registrations — all online.

This tournament is on the Sunday between playoffs and the Superbowl. Join us for a fun afternoon with great beer and pizza, good company, and helping a worthy cause.

Register here: <https://igfn.us/f/3I90/n>



The Gillespie Soup Bowl

Sunday, March 27, 2022

Striker's Bowl (formerly Kelleys) in St. Joe

Doors open at 12:00 noon.

Bowling starts at 1:00 pm

Price: \$100 per lane (4 or 5 bowlers)

Please check Facebook and our March newsletter for further info.

2022 will mark our 21st Soup Bowl. From now on, The Gillespie Soup Bowl will be held in honor of Debbie Gillespie, who chaired the Soup Bowl for many years. Last year we lost our dear Debbie, but we will gather again this year at Stryker's to bowl, bid, eat, and lift a glass in Debbie's memory.

If you would like to make a donation (prizes or dollars) or receive a flyer, contact m@soupk.org or call 269-925-8204.



BISTRO BENEFIT DINNER

Sunday, April 24, 2022

Bistro on the Boulevard

Seatings: 4pm-7pm

Eighty dollars per person

Invitations will be mailed in March

Prior attendees and donors will receive an invitation in the mail.

Look for complete information about this wonderful dinner in the March newsletter.

If you wish to be added to the dinner mailing list, email m@soup.org or call 925-8204.



Soup Kitchen News

We are sorry to report that, contrary to our hopes, our dining room remains closed.

The Health Department has confirmed that 80% of our guests are unvaccinated for Covid-19. We will continue to serve take-out food until it is safe to open the dining room.

We are hosting a vaccination clinic for both Covid-19 and influenza on November 15th. Covid-19 booster shots will also be available. We will hold more clinics if there is a need.

The Benton Harbor Soup Kitchen is made possible by the contributions of our sponsoring Organizations and Volunteers.

The Soup Kitchen is staffed daily by volunteer groups of all types.
Most groups donate the food for their day at the Soup Kitchen.
Volunteers contribute over \$450,000 worth of work every year.

Without you, we would not exist.

Serving Groups:

- 1st Source Bank
- Anchor Church of God
- Andrews Korean SDA Church
- Beck Family & Friends
- Berrien Unitarian Universalist Church
- Chef's Corner
- Christ Evangelical Lutheran Church
- Christian Reformed Church of St Joseph
- Coloma United Methodist Church
- Fairplain Presbyterian Church
- First Congregational Church, St. Joseph
- First Presbyterian Church, Benton Harbor
- First United Methodist Church, St. Joseph
- Friends of Soup Kitchen
- Harbor Country Progress
- Hartford United Methodist
- Highland Avenue SDA Church
- Michigan State Police
- Moms With A Mission
- Napier Parkview Baptist Church
- Peace Lutheran Church
- Pioneer Memorial Church
- Saron Lutheran Church
- Scottdale United Methodist Church
- Second Baptist Church
- Southwest Michigan Newcomers Club
- St. Augustine of Canterbury Church
- St. Bernard's Parish
- St. John's Catholic Church
- St. Joseph Catholic Church, Saint Joseph
- St. Paul's Episcopal Church
- Stevensville United Methodist Church
- Storyline Church
- Trinity Lutheran Church, Berrien Springs
- Trinity Lutheran Church, Saint Joseph

- Woodland Shores Baptist Church
- Zion Evangelical UCC of Saint Joseph
- Zion United Church of Christ, Baroda

Other Volunteers:

- Christmas Day — Wallace Family and Friends
- Thanksgiving Day — Grande Mere Inn
- Dozens of community service volunteers

Regular Donors:

- Benton Harbor Bee Company
- Benton Harbor KFC
- Falak Farms
- The Flour Shop
- Golden Brown Bakery
- Hanson Logistics
- Hillside Farm
- Martin's Supermarkets
- Memories of India
- Panera Bread
- RB Miller Farms
- Silver Beach Pizza
- ThompTech Web & Computer Services
- Twin City Chicks
- Whirlpool Test Kitchen

Board of Directors

- Leslie Ashmore, Vice President
- Sharon Austin
- Rob Burgess
- K.C. Gast, President and Secretary
- Rob Romano
- Alex Schaeffer, Treasurer
- Andy Takacs
- Yolanda Thrash
- Chris Woodruff



Q: Why Donate Appreciated Stocks?

A: You can give more to your charity and less to the IRS.

By donating stock that has appreciated for more than a year, you give 20 percent more than if you sold the stock and then made a cash donation. The reason is simple: avoiding capital gains taxes. The maximum federal capital gains tax rate is 20 percent on long-term holdings.

Given that the Dow Jones Industrial Average rose from nearly 18,000 (3/31/2016) to almost 34,000 (3/31/2021,) you are likely to realize a taxable profit on the sale of assets you purchased in the past five years.

If you donate the stock directly to a charity, there's no capital gains tax to pay. You are still eligible to deduct the full fair-market value of the asset you donated from your income taxes, up to the overall amount allowed by the IRS. Appreciated assets can also include assets like restricted stock or bitcoin. Also, an individual can make an IRA charitable deduction directly to a charity. You do need to itemize your deductions to be eligible for these deductions.

Another excellent reason to donate stocks to charity— it is easy. Email m@soupk for more information on donating to the Soup Kitchen.



Sgt. Duane Shears is one of the crew of troopers from the Niles state police post who volunteers at the Soup Kitchen every other month.

The Soup Kitchen

has attained Guidestar's Platinum Seal of Transparency, the highest level ranking.



*Simple food, honestly sourced and lovingly made
creates connections, gives fuel to the fight, and
starves ignorance and apathy.*